

Suggested Ride Leader Equipment

The amount of equipment the Ride Leader carries depends on the type of ride being led and the participants on the ride and the carrying capacity of the rider.

Equipment below is divided into three parts:

1. The leader's own kit
2. Additional equipment to bring
3. Nice to haves.

Leader's own equipment		
Two spare tubes	To fit the leader's bike	
Tyre levers		
Good pump		
Small tyre boot	A small bit of cloth should be sufficient	
Multi tool	Should include the following: <ol style="list-style-type: none"> 1. Allen keys, 2, 3, 4, 5, 5.5, 6, 8 2. 8, 10mm spanners 3. Flat head and cross head screwdrivers 4. Spoke key 5. Chain tool 	
Phone	In plastic bag	
Money		

Additional equipment		
All the above		
Puncture repair kit		
Tube	To fit another size	
Dumb bell spanner	Or sufficient spanners to fit most sizes	
Route sheet	Or map	
Consent forms		
Incident form		
Small first aid kit	Plasters and maybe a bandage	
Waterproof bag	Big enough to cover everything	

Nice to haves		
All the above		
Proper spoke key		
Proper chain tool		
24" tubes		
Spare folding tyre	Ideally one for each size wheel, but that maybe a lot to ask	
Spare waterproof	Or cape	
Space blanket		
Larger first aid kit	Be careful though, you must be competent to use it	