

Due to the current Covid 19 crisis and in accordance with Government and Cycling UK guidance the runs list for Apr Jun 2020 is suspended until further notice. If you still plan to ride be aware the cafes will no longer be checked for being open or warned of your arrival.

Meet at 11am on THURSDAYS unless otherwise specified.

There is an "Alternative" café published when the Coffee stop is more distant to provide a meeting point for cyclists wishing to ride reduced distances Where possible it will tie in with the lunch stop on the main runs list

2nd Apr	Holkham Hall, Holkham
Lunch	The King William IV, Sedgeford
Alternative	Bircham Windmill, Great Bircham
9 th Apr	The Norton Rooms, Little Walsingham
Lunch	The Railway Inn, Docking
Alternative	The Old Granary, Snettisham
16 th Apr	Landymore Cafe, Stowbridge
Lunch	The Stag, West Acre
Alternative	Sandringham Visitors Centre, Sandringham
23 rd Apr	Bayfield Hall, Holt
Lunch	Sculthorpe Mill, Sculthorpe
Alternative	Hector's Barn, Harpley **(But see below for Trevor Riches's short ride)**
30 th Apr	Gressenhall Farm and Workhouse, Gressenhall
Lunch	Jane's Coffee Corner, East Rudham
Alternative	Petals Tea Room, Dersingham
7 th May	Bulldog Barns, Northwold
Lunch	The King's Arms, Shouldham
Alternative	Castle Rising Tearoom, Castle Rising
14 th May	Tittleshall Methodist Church, Tittleshall
Lunch	The Anvil, Congham
21 st May	The Lighthouse Café, West Stanton
Lunch	The Rose and Crown, Harpley
Alternative	Castle Rising Tearoom, Castle Rising **(But see below for Richard Fairbank's led ride)**
28 th May	West Wymondham Centre, Welney
Lunch	The Crown and Anchor, Wiggshall St. Germans
Alternative	Landymore Cafe, Stowbridge
31 st May	David Beveridge's Sunday short King's Lynn ride **See below for details**
4 th Jun	Fensthorpe Natural Park, Fakenham
Lunch	The Dabbling Duck, Great Massingham
Alternative	Sandringham Visitors Centre
11 th Jun	Elmham Tea Post, North Elmham
Lunch	The Crown, Gayton
Alternative	Hector's Barn, Harpley
18 th Jun	West Acre Gardens, West Acre
Lunch	The Anvil, Congham **(But see below for Neil O'hara's led ride)**
25 th Jun	Church Farm, Stow Bardolph
Lunch	The Stag, West Acre
Alternative	Jane's Coffee Corner, East Rudham

TUESDAYS – Mardling Sessions

Eastern Area: Old Railway Station, Reepham at 1215

Western Area: Thaxter's Tea Room, Dersingham at 1100

**** If you plan to join a led ride please contact the leader in advance ****

LED RIDES

23rd April Trevor Riches short led ride. Starting at Fakenham 1000. Coffee stop at Bayfield Hall, Holt and lunch at The Norton Rooms, Little Walsingham. (Bayfield Hall is also a combined stop with the main runs list.) About 29 miles at a gentle pace.

To join the ride contact Trevor at routemaster.wnctc@outlook.com

21st May Richard Fairbank's led ride. Starting in Great Marlingham at 0900, coffee at All Things Nice at Cawston, lunch at The Railway Inn, North Lopham. About 55 miles at touring pace.

Contact Richard at routemaster.wnctc@outlook.com

31st May David Beveridge's Sunday short King's Lynn ride. Starting at South Wootton at 1000 with a coffee stop half way. A 15 mile route at a gentle pace around the cycle tracks and back streets of King's Lynn on a Sunday morning, probably several you have not previously discovered.

Contact David Beveridge at routemaster.wnctc@outlook.com

18th June Neil O'hara's led ride. Starting at Swaffham at 0900. Coffee at the Angel café, Diss and lunch at the Angel Inn, Larling. About 67 miles at touring pace.

Contact Neil at routemaster.wnctc@outlook.com

SOCIAL EVENTS

1st April WNCTC Quiz Night. Join **David Watkins** at **The Anvil, Congham** starting at 1930. Sandwiches and chips will be served during the half time interval. Entry fee £5 per head, which includes food. Profits will be channelled back to The Anvil's favoured charity, the East Anglian Air Ambulance service. A maximum of six players per team.

To attend contact David Watkins at secretary@wnctc.org.uk